

Jogurt-Curcuma

3 kg turkish creamy jogurt
250 ml cream or ayran (if you want it saltier)
250ml milk
2 cloves of garlic
2 cucumbers
2 red bell peppers
3 chilies
¼ tsp curcuma
salt
pepper
1 lime
4 tbsp olive oil
15 ice cubes

*cut cucumber and pepper in small dices
*mix jogurt, cream and milk
* add ice cubes. blend.
*add garlic, cucumber and peper
*season with curcuma, salt and pepper
*now add olive oil and lime
*season to tast again

now serve chilled